



# 2019 ESSA INNOVATION & PRACTICE FORUM

4 - 5 MAY 2019. MELBOURNE, VIC

# PROGRAM

## Saturday, 4 May 2019

08.30 - 09.00	<b>Opening Ceremony</b> <i>Dr Kade Davison &amp; Mrs Anita Hobson-Powell</i>		
09.00 - 10.30	<b>Keynote presentation</b> Retired Premiership AFL Footballer <i>Mr Alastair Lynch</i> Chair: Dr Kade Davison		
10.30 - 11.00	<b>Morning Tea</b>		
11.00 - 12.30	<b>Dementia</b> Dementia: Bringing best practice to exercise training <i>Dr Tim Henwood</i>  Enhancing the capacity of the AEP in Dementia: Why a comprehensive assessment battery improves exercise prescription and clinical outcomes in a complex disease <i>Mr Michael Inskip</i>  Chair: Dr Brendan Joss	<b>Field Sports Science</b> Measurement Properties of Athlete Monitoring Tools – how to use the proposed framework and make data driven decisions <i>Dr Alice Sweeting</i>  Chair: Dr Jacquie Tran	<b>Strategic Planning</b> Building an innovative business while building your practice <i>Mr Harvey Martin</i>  Chair: Prof Julie Cotter
12.30 - 13.30	<b>Lunch</b>		
13.30 - 15.00	<b>Disability &amp; NDIS</b> NDIS Impact. How will services evolve and make a difference? <i>Ms Cathy Love</i>  Chair: Ms Carly Ryan	<b>Return to Play</b> Return to Performance: An Athlete Centred Model <i>Mr Selwyn Griffith</i>  Chair: Prof Aaron Coutts	<b>Workplace Values</b> Fulfilment through a Values Led Organisation <i>Miss Nicole French</i>  Chair: Mr Max Martin
15.00 - 15.30	<b>Afternoon Tea</b>		
15.30 - 17.00	<b>Regulatory changes</b> Panel Session <i>Panel: Mr Martin Bending, Mrs Lyndell Crawford-Round &amp; Mr John Dennehy</i>  Chair: Mrs Anita Hobson-Powell	<b>Coding &amp; Data Analytics</b> Using data analytics to investigate, understand, and solve problems in exercise and sport <i>Dr Jacquie Tran</i>  Adding context to player performance with spatiotemporal data <i>Mr Bart Spencer</i>  Chair: Dr Alice Sweeting	<b>Grants &amp; Tenders</b> Grants & Tenders <i>Dr Simon Rosenbaum &amp; Ms Leanne Evans</i>  Chair: Prof Steve Selig
17.00 - 18.00	<b>ESSA AGM</b>		
18.00 - 20.00	<b>Networking Function</b>		



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## Sunday, 5 May 2019

06.30 - 07.30 <b>Group Activities</b>			
09.00 - 10.30	<b>Shoulder Rehabilitation</b> Shoulder Rehabilitation: How to “get in” and when to “get out”... <i>Dr Joanne Brown</i>  Chair: Mr Peter Edwards	<b>Mentoring</b> Mentoring & Innovation <i>Mr John Quinn</i>  Chair: Dr Vince Kelly	<b>Consultation with the ESSA Board</b> <i>Dr Kade Davison, Ms Philippa Ellis, Dr Brendan Joss, Dr Simon Rosenbaum &amp; Prof Steve Selig</i>  Chair: Mrs Anita Hobson-Powell
10.30 - 11.00 <b>Morning Tea</b>			
11.00 - 12.30	<b>Chronic pain</b> Chronic Musculoskeletal Pain – Does Exercise Matter? <i>Dr John Booth</i>  Chair: Mr Sebastian Buccheri	<b>Mental Fatigue</b> Mental fatigue – What is it, what can we do about it, and how can we use it to our advantage? <i>Dr Kristy Martin</i>  Chair: Dr Peter Fowler	<b>Human Resources</b> Creating a Culture of Accountability: Defining & Measuring Greatness <i>Ms Trudy MacDonald</i>  Chair: Ms Philippa Ellis
12.30 - 13.30 <b>Lunch</b>			
13.30 - 15.00	<b>Workplace Assessments</b> Promoting client-centred and evidence-informed practice in workplace assessments and beyond <i>Mr Nathan Reeves</i>  Chair: Prof Steve Selig	<b>Recovery</b> Sleep & Recovery: Challenges & Practical Solutions <i>Dr Michele Lastella</i>  Chair: Dr Vince Kelly	<b>Software and Tools for your business</b> Software and Tools for your business <i>Mr Daniel Gibbs</i>  Chair: Mr Stephen Stone
15.00 - 15.30 <b>Afternoon Tea</b>			
15.30 - 17.00	<b>Telehealth</b> Exercise Physiology in the Digital Age: Connecting with more Patients through Telehealth <i>Mr Peter Edwards &amp; Mr Michael Marthick</i>  Chair: Dr Brendan Joss	<b>Wearable Technology</b> Getting Techy: Using the latest technology to create exceptional patient experiences and outcomes <i>Mr Dean Phelps</i>  Chair: Mr Brad McGregor	<b>Community Programs</b> Consideration for Successful Implementation of Public Health Programs: Innovations 2 Interventions <i>Mr Stephen Stone</i>  Chair: Dr Kade Davison
17.00 - 17.15	<b>Closing Ceremony</b> <i>Dr Kade Davison &amp; Mrs Anita Hobson-Powell</i>		

Program correct at time of publication. Subject to change at anytime without notice.