



2019 ESSA INNOVATION & PRACTICE FORUM

4 - 5 MAY 2019. MELBOURNE, VIC

PROGRAM

Saturday, 4 May 2019			
08.30 - 09.00	Opening Ceremony <i>Dr Kade Davison & Mrs Anita Hobson-Powell</i>		
09.00 - 10.30	Keynote presentation Retired Premiership AFL Footballer <i>Mr Alastair Lynch</i> Chair: Dr Kade Davison		
10.30 - 11.00	Morning Tea		
11.00 - 12.30	Dementia Dementia: Bringing best practice to exercise training <i>Dr Tim Henwood</i> Enhancing the capacity of the AEP in Dementia: Why a comprehensive assessment battery improves exercise prescription and clinical outcomes in a complex disease <i>Mr Michael Inskip</i> Chair: Ms Kirsty Rawlings	Field Sports Science Measurement Properties of Athlete Monitoring Tools – how to use the proposed framework and make data driven decisions <i>Dr Alice Sweeting</i> Chair: Dr Jacquie Tran	Strategic Planning Building an innovative business while building your practice <i>Mr Harvey Martin</i> Chair: Prof Julie Cotter
12.30 - 13.30	Lunch		
13.30 - 15.00	Disability & NDIS NDIS Impact. How will services evolve and make a difference? <i>Ms Cathy Love</i> Chair: Ms Zorica Babic	Return to Play Return to Performance: An Athlete Centred Model <i>Mr Selwyn Griffith</i> Chair: Prof Aaron Coutts	Workplace Values Fulfilment through a Values Led Organisation <i>Miss Nicole French</i> Chair: Mr Max Martin
15.00 - 15.30	Afternoon Tea		
15.30 - 17.00	Regulatory changes Panel Session <i>Panel: Mr Martin Bending, Mrs Lyndell Crawford-Round & Mr John Dennehy</i> Chair: Mrs Anita Hobson-Powell	Coding & Data Analytics Practical introduction to how data analytics can be used in your organisation to inform decisions <i>Ms Jessie Roberts</i> Using data analytics to investigate, understand, and solve problems in exercise and sport <i>Dr Jacquie Tran</i> Chair: Dr Alice Sweeting	Grants & Tenders <i>Dr Simon Rosenbaum & Ms Leanne Evans</i> Chair: Ms Kirsty Rawlings
17.00 - 18.00	ESSA AGM		
18.00 - 20.00	Networking Function		



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Sunday, 5 May 2019			
06.30 - 07.30 Group Activities			
09.00 - 10.30	Shoulder Rehabilitation Shoulder Rehabilitation : How to “get in” and when to “get out”... <i>Dr Joanne Brown</i> Chair: Mr Peter Edwards	Mentoring Mentoring & Innovation <i>Mr John Quinn</i> Chair: Dr Vince Kelly	Behavioural change
10.30 - 11.00 Morning Tea			
11.00 - 12.30	Chronic pain Chronic Musculoskeletal Pain – Does Exercise Matter? <i>Dr John Booth</i> Chair: Mr Sebastian Buccheri	Mental Fatigue Mental fatigue – What is it, what can we do about it, and how can we use it to our advantage? <i>Dr Kristy Martin</i> Chair: Dr Peter Fowler	Human Resources Creating a Culture of Accountability: Defining & Measuring Greatness <i>Ms Trudy MacDonald</i> Chair: Ms Philippa Ellis
12.30 - 13.30 Lunch			
13.30 - 15.00	Workplace Assessments	Recovery Sleep & Recovery: Challenges & Practical Solutions <i>Dr Michele Lastella</i> Chair: Dr Vince Kelly	Software and Tools for your business Software and Tools for your business <i>Mr Daniel Gibbs</i> Chair: Mr Stephen Stone
15.00 - 15.30 Afternoon Tea			
15.30 - 17.00	Telehealth Exercise Physiology in the Digital Age: Connecting with more Patients through Telehealth <i>Mr Peter Edwards & Mr Michael Marthick</i> Chair: Dr Brendan Joss	Wearable Technology Getting Techy: Using the latest technology to create exceptional patient experiences and outcomes <i>Mr Dean Phelps</i> Chair: Mr Brad McGregor	Community Programs Consideration for Successful Implementation of Public Health Programs: Innovations 2 Interventions <i>Mr Stephen Stone</i> Chair: Ms Carolyn Pillans
17.00 - 17.15 Closing Ceremony <i>Dr Kade Davison & Mrs Anita Hobson-Powell</i>			

Program correct at time of publication. Subject to change at anytime without notice.